

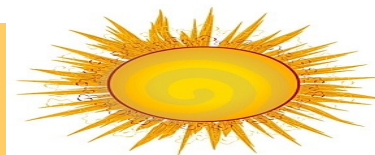
**Family Support Center**

The Sharwell Building  
200 East St.  
Williamsport, Pa. 17701  
Phone: 570-326-7895  
Fax: 570-326-1348

Contact Person:  
Matthew Salvatori  
(570) 326-7895

- S = Sharwell
- CL = Career Link
- CMS =Curtin Middle School
- FP =Family Place (Library)
- HMS =Hughesville Middle School
- HHS =Hughesville High Sch.
- JSMS =Jersey Shore Middle School
- JSHS =Jersey Shore HS
- LMS =Loyalsock Middle School
- LHS =Loyalsock High Sch.
- LVMS =Lycoming Valley Middle School
- MMS =Montgomery Middle School
- MHS =Montgomery High School
- MJ/SHS =Muncy Jr./Sr. HS
- NE =Newberry Estates
- RMS =Roosevelt Middle Sch.
- SWHS =S. Williamsport HS
- ST =STEP
- T =Timberland
- WAHS =Williamsport Area HS
- YWCA =YWCA

# AUGUST 2010



Mon	Tue	Wed	Thu	Fri
<b>2</b>  PWS #4 S 6:00-8:00	<b>3</b> YWCA 1:00-3:00  PATT #2 S 6:00-8:00	<b>4</b> Budgeting S 10:30-12:00 Anger Management CL 1:30-3:00	<b>5</b> Baby Basics #2 S 10:00-11:30  Timberland 1:30-2:30	<b>6</b>
<b>9</b>  PWS #5 S 6:00-8:00	<b>10</b> YWCA 1:00-3:00  PATT #3 S 6:00-8:00	<b>11</b> Anger Management CL 1:30-3:00	<b>12</b> Baby Basics #3 S 10:00-11:30  Timberland 1:30-2:30	<b>13</b>
<b>16</b>  PWS #6 S 6:00-8:00	<b>17</b> YWCA 1:00-3:00  PATT #4 S 6:00-8:00	<b>18</b> PWJ S 10:30-12:00 Anger Management CL 1:30-3:00	<b>19</b>  Timberland 1:30-2:30	<b>20</b>
<b>23</b> No Classes	<b>24</b> YWCA 1:00-3:00  PATT #5 S 6:00-8:00	<b>25</b> No Classes	<b>26</b>  Timberland 1:30-2:30	<b>27</b>
<b>30</b> No Classes	<b>31</b> YWCA 1:00-3:00  PATT #6 S 6:00-8:00		<u>= Registration is Required for all Classes =</u>	<b>ALL CLASSES FREE</b>

- **Baby Basics** — Learn about the stages of child development and how to promote early learning (for parents of children birth to age 3).
- **Parenting with Success (PWS)** — Learn new parenting tips and techniques (for parents of children ages 3 to 12).
- **Parents and Teens Together (PATT)**—Learn about rule setting and follow through (parents), learn life skills (adolescents), build relationships (Parents and Teens Together)
- **Couples Communication**—Learn skills to communicate more effectively with your partner.
- **Anger Management**—Learn skills to manage your temper more successfully (classes for adults and adolescents).
- **Nutrition**—Learn the basics of good nutrition to improve your family's health.
- **Budgeting**—Learn basic budgeting skills in order to manage the business of your family.
- **GAPAC**—A support group for grandparents who are parenting grandchildren.
- **Timberland Support Group**—A group of parents who provide support to each other to make life changes (not limited to residents of Timberland).
- **Building Your Family (BYF)**
- **Family Anger Management (FAM)**
- **Self-Esteem (SE)**
- **Fatherhood**
- **Parenting with a Job (PWJ)**

