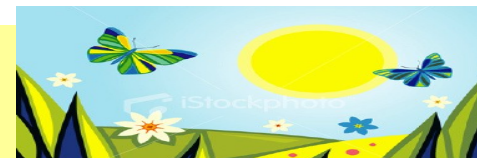


Family Support Center

The Sharwell Building
200 East St.
Williamsport, Pa. 17701
Phone: 570-326-7895
Fax: 570-326-1348

Contact Person:
Matthew Salvatori
(570) 326-7895
S = Sharwell
CL = Career Link
CMS = Curtin Middle School
FP = Family Place (Library)
HMS = Hughesville Middle School
HHS = Hughesville High Sch.
JSMS = Jersey Shore Middle School
JSHS = Jersey Shore HS
LMS = Loyalsock Middle School
LHS = Loyalsock High Sch.
LVMS = Lycoming Valley Middle School
MMS = Montgomery Middle School
MHS = Montgomery High School
MJ/SHS = Muncy Jr./Sr. HS
NE = Newberry Estates
RMS = Roosevelt Middle Sch.
SWHS = S. Williamsport HS
ST = STEP
T = Timberland
WAHS = Williamsport Area HS
YWCA = YWCA

JULY 2010



Mon	Tue	Wed	Thu	Fri
= <u>Registration is Required for all Classes</u> =	ALL CLASSES FREE		1 Timberland 1:30-2:30 FAM #3 S 6:00-8:00	2
5 No Classes	6 YWCA 1:00-3:00 PATT #6 S 6:00-8:00	7 PWJ S 9:00-10:30 Critical Thinking (CT) #1 CL 1:30-3:00	8 Timberland 1:30-2:30 FAM #1 S 6:00-8:00	9
12 BYF #1 S 10:00-11:30 PWS#1 S 6:00-8:00	13 YWCA 1:00-3:00	14 Critical Thinking (CT) #2 CL 1:30-3:00	15 Timberland 1:30-2:30 FAM #2 S 6:00-8:00	16
19 BYF #2 S 10:00-11:30 PWS#2 S 6:00-8:00	20 YWCA 1:00-3:00	21 Critical Thinking (CT) #3 CL 1:30-3:00	22 Timberland 1:30-2:30 FAM #3 S 6:00-8:00	23
26 BYF #3 S 10:00-11:30 PWS#3 S 6:00-8:00	27 YWCA 1:00-3:00 PATT #1 S 6:00-8:00	28 Critical Thinking(CT) #4 CL 1:30-3:00	29 Baby Basics #1 S 10:00-11:30 Timberland 1:30-2:30	30

- **Baby Basics** — Learn about the stages of child development and how to promote early learning (for parents of children birth to age 3).
- **Parenting with Success (PWS)** — Learn new parenting tips and techniques (for parents of children ages 3 to 12).
- **Parents and Teens Together (PATT)**—Learn about rule setting and follow through (parents), learn life skills (adolescents), build relationships (Parents and Teens Together)
- **Couples Communication**—Learn skills to communicate more effectively with your partner.
- **Anger Management**—Learn skills to manage your temper more successfully (classes for adults and adolescents).
- **Nutrition**—Learn the basics of good nutrition to improve your family's health.
- **Budgeting**—Learn basic budgeting skills in order to manage the business of your family.
- **GAPAC**—A support group for grandparents who are parenting grandchildren.
- **Timberland Support Group**—A group of parents who provide support to each other to make life changes (not limited to residents of Timberland).
- **Building Your Family (BYF)**
- **Family Anger Management (FAM)**
- **Self-Esteem (SE)**
- **Fatherhood**
- **Parenting with a Job (PWJ)**

