

EXECUTIVE COMMITTEE MEETING FEBRUARY 16, 2022

ATTENDANCE:

Commissioner Richard Mirabito - President; Commissioner Jeffrey Snyder – Vice President; Commissioner Scott Metzger – Treasurer; Commissioner Angela Harding; and Commissioner Tony Mussare were in attendance.

Staff: Keith Wagner – Executive Director/MH-ID Administrator; Matt Salvatori - CYS Administrator; Jacque Miller – HealthChoices Director; Jim Hicklin – County MH Director; Matt Wood – CYS Clinical Director; Deanna Kimble – HealthChoices Quality Manager; Vanessa Shellman – HealthChoices Clinical Manager; Cathy Bennett – Administrative Assistant; Charles Greevy, III. and Jon DeWald - Joinder Solicitors.

Guests: Carole Gilberti – Community Care Behavioral Health Organization; Autumn Bower and Tristan Rock from Clinton County Children and Youth; Shea Madden – West Branch Drug and Alcohol Commission; Aimee Tsikitas and Laura Gardner - Community Services Group; Mike Robb and Amanda Johnson – Center For Community Resources; and Pat Crossley – Williamsport Sun Gazette.

CALL TO ORDER:

The meeting was Called To Order at 9:31 a.m. by Commissioner Mirabito, Joinder Board President. He thanked the Clinton County Commissioners for hosting this month's meeting.

A meeting of the Joinder Board's Lycoming County Children and Youth Services Standing Committee was not scheduled this month as there were no pressing agenda items. An informational sharing meeting between staff from Lycoming and Clinton County Children and Youth Services was held immediately prior to this meeting.

As Commissioner Harding had to attend another meeting scheduled for 10:00 a.m., Commissioner Mirabito requested that a slight revision be made to the agenda and that "Contracts and Agreements" be presented next to assure she would be present for the vote.

CONTRACTS AND AGREEMENTS:

Joinder

Mr. Wagner noted that the Executive Committee had approved an Amendment Agreement pertaining to HealthChoices Behavioral Health Services between the Department of Human Services (DHS) and the Joinder Board at the November meeting. This Amendment had included some State-required language and content changes and these changes had been reviewed and recommended for approval by our HealthChoices solicitor, Lawrence Tabas. At this month's meeting, he was presenting an Amendment Agreement between the Joinder Board and Community Care Behavioral Health Organization, our HealthChoices managed care provider, which included these State required language and content changes. Commissioner Snyder Moved and Commissioner Metzger Seconded a Motion to:

"Approve the Fourth Amended and Restated Agreement between the Lycoming-Clinton Joinder Board and the Community Care Behavioral Health Organization for managed care services for the period 1/1/22 to 12/31/22."

The Motion passed unanimously.

OVERVIEW OF HEALTHCHOICES CHILDRENS' SERVICES

Mr. Wagner noted that this month's service presentation by Jacque Miller, HealthChoices Director, pertained to an overview of HealthChoices Childrens' Services. Jacque distributed a summary document which covered the following areas of service provided to children:

- Inpatient Hospitalization
- Residential Treatment Facility
- Community Residential Rehabilitation (CRR) Host Home
- Child/Adolescent Partial Hospitalization Program (PHP)
- Family Based Mental Health Services (FBMH); Multisystemic Therapy (MST); Intensive Behavioral Health Services (IBHS); Community and School Based Behavioral Health (CSBBH)
- Outpatient Mental Health; School Based Outpatient Services
- Targeted Casemanagement (TCM); Intensive Case Management/Resource Coordination (ICM/RC)
- Crisis Services

As her summary covered each section in detail, it will appear as an attachment to these minutes (Attachment A).

MINUTES OF PREVIOUS MEETING:

Commissioner Metzger Moved and Commissioner Snyder Seconded a Motion to:

“Approve the minutes from the January 19, 2022 Joinder Board meeting as presented by staff.”

The Motion passed unanimously.

BUDGET UPDATES

FY 2021-2022 Mental Health (MH), Intellectual Disability (ID), and Early Intervention (EI)

Budgets - Mr. Wagner noted that this month's report covers 50% of the fiscal year and that all cost centers are well within expected ranges. He noted that Mental Health is running at 44% in revenue, with expenses at 47%; Intellectual Disability is at 43% in revenue, with expenses at 44%; and Early Intervention is at 45% in revenue, with expenses at 46%.

HealthChoices: Calendar Year 2021 – Mr. Wagner noted that we do not have a budget report for **HealthChoices** this month as staff are experiencing difficulties in pulling needed funding information from our Paycor system. They hope to get the issues resolved by next month's meeting.

HUMAN SERVICES ADVISORY BOARD (HSAB) APPOINTMENTS:

Mr. Salvatori noted that Michele Hazel had submitted an application of interest to become a member of the HSAB. He added that Ms. Hazel has past volunteer experience with CASA and as a substitute teacher. Commissioner Snyder Moved and Commissioner Metzger Seconded a Motion to:

“Appoint Michele Hazel to the Lycoming-Clinton Human Services Advisory Board (Children and Youth Sub-Committee) with a term ending 6/30/23.”

The Motion passed unanimously. Mr. Wagner added that he had recently contacted Dr. Terri Calvert to see if she would be interested in serving on the HSAB as a member of the Mental Health Sub-Committee. As the Board is aware, Dr. Calvert recently retired from her contracted position as a psychiatrist for the prison and her knowledge about services and consumer needs would prove beneficial if she became a member of the Board. Commissioner Metzger Moved and Commission Mussare Seconded a Motion to:

“Appoint Dr. Terri Calvert to the Lycoming-Clinton Human Services Advisory Board (Mental Health Sub-Committee) with a term ending 6/30/24.”

The Motion passed unanimously.

OTHER BUSINESS, NEXT MEETING AND ADJOURNMENT:

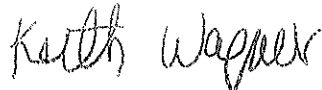
Commissioner Mirabito inquired if there were any additional questions or comments from the guests who were in attendance. With nothing further presented, it was noted that the next meeting of the Executive Committee of the Lycoming-Clinton Joinder Board is scheduled to be held on Wednesday, March 16th at 1:00 p.m. at the Sharwell Building. A meeting of the Lycoming Children and Youth Standing Committee has also been scheduled to begin just prior to this meeting at 12:30 p.m. Zoom conferencing or call in will continue to be offered for attendance of these meetings.

With no further business presented before the Joinder Board, the meeting was adjourned at 10:25 a.m.

EXECUTIVE SESSION:

An Executive Session was held following the conclusion of the Executive Committee meeting to continue discussions pertaining to the move of mental health crisis services to the Center For Community Resources.

Respectfully Submitted,



Keith A. Wagner, Executive Director
Joinder Board Secretary



The logo features a stylized 'L' shape composed of three rounded rectangular blocks. The top-left block is yellow, the top-right block is dark blue, and the bottom block is a lighter shade of blue. To the right of this graphic, the text 'Lycoming-Clinton HealthChoices Program' is written in a dark blue, sans-serif font, stacked in three lines.

Lycoming-Clinton
HealthChoices Program

Children Mental Health Services



Child/Adolescent Levels of Care from Most to Least Restrictive

Inpatient Hospitalization

Residential Treatment Facility

Community Residential Rehabilitation (CRR) Host Home

Child/Adolescent Partial Hospitalization Program (PHP)

Family Based Mental Health Services (FBMH)

Multisystemic Therapy (MST)

Intensive Behavioral Health Services (IBHS)

Community and School Based Behavioral Health (CSBBH)

Outpatient Mental Health

School Based Outpatient Services

Targeted Case Management (TCM)

Intensive Case Management/Resource Coordination (ICM/RC)

Crisis Services



Community Residential Rehabilitation (CRR) Host Home

- ▶ Providers:
 - ▶ Diversified Treatment Alternatives, LLC
 - ▶ PA Mentor
- ▶ Family homes that provide **24 hour living arrangements** and **mental health treatment** for youth whose emotional or behavioral needs cannot be treated effectively in their own home but can still benefit from treatment in a home-like setting within their community.

Mental Health Partial Hospitalization

- ▶ Providers:
 - ▶ Diversified Treatment Alternative Center, LLC (Grades K-12)
 - ▶ BLAST IU 17 (Grades 9-12)
- ▶ Daytime program that provides **individual and group counseling** and **medication monitoring** or management. The program is provided on a regularly scheduled basis for a minimum of three hours, but less than 24 hours in any one day.

Family Based Mental Health Services (FBMH)

- ▶ Providers:
 - ▶ Diakon Family Life Services
 - ▶ Community Services Group, Inc.
- ▶ An **evidence based**, **Team-delivered**, and **intensive in-home** services. These services combine **mental health treatment**, **family support** services, and **case management** so that you may continue to care for your child with a serious mental illness or emotional disturbance at home. Includes **24/7 crisis support**.

Multisystemic Therapy (MST)

- ▶ Provider: Community Solutions, Inc.
- ▶ An **evidence based**, intensive **family-and community-based** treatment program designed to make positive changes in the various social systems (home, school, community, peer relations) that contribute to the serious antisocial behaviors of children and adolescents who are at risk for out-of-home placement. It is also treatment for serious juvenile offenders with possible substance abuse issues and their families. The **primary goals** of MST are to **decrease youth criminal behavior** and **out-of-home placements**.

Abuse Resolution and Recovery (AARTS)

- ▶ Provider: Diversified Treatment Alternative Center, LLC
- ▶ AARTS is a community-based program for children and adolescents who require **intense therapy to address traumatic experiences.**

Specialized In Home Treatment Services (SPIN)

- ▶ Provider: Diakon Family Life Services
- ▶ An intensive, **family-based** mental health program that provides **individual therapy, family therapy, case management, and group therapy** to youths between 8 and 18 who have **sexual-behavior issues** that meet "medical-necessity" criteria for this services.

Parent/Child Interactive Therapy (PCIT)

- ▶ Provider: Community Services Group, Inc.
- ▶ An **evidence based**, dyadic behavioral intervention for children (ages 2–7 years) and **their parents or caregivers** that focuses on **decreasing external child behavioral problems** (e.g., defiance, aggression), **increasing child social skills and cooperation**, and **improving the parent-child attachment relationship**. It teaches parents traditional play-therapy skills to use as social reinforcers of positive child behavior and traditional behavior management skills to decrease negative child behavior. Parents are taught and practice these skills with their child in a playroom while coached by a therapist. The coaching provides parents with immediate feedback on their use of the new parenting skills, which enables them to apply the skills correctly and master them rapidly. Treatment length varies but averages about 14 weeks, with hour-long weekly sessions.

Dialectical Behavioral Therapy (DBT)

- ▶ Provider: Community Services Group, Inc.
- ▶ Serving Ages 12 and older
- ▶ DBT emphasizes **individual psychotherapy** and **group counseling** to help adolescents learn and use new skills and strategies to develop a life that they experience as worth living. DBT **may be used to treat suicidal and other self-destructive behaviors**. DBT was developed to help people cope with extreme or unstable emotions and harmful behaviors. Its main goals are to teach people how to live in the moment, cope healthily with stress, regulate emotions, and improve relationships with others.

Intensive Behavioral Health Services (IBHS)

- ▶ Providers:
 - ▶ Merakey
 - ▶ Therapeutic Behavioral Health Services
 - ▶ Diversified Treatment Alternative Centers, LLC
 - ▶ CONCERN Professional Services
 - ▶ ABA Support Services
- ▶ IBHS support children, youth, and young adults with mental, emotional, and behavioral health needs in their homes, schools, and communities. Services include Behavior Consultation services, Mobile Therapy services and Behavior Health Technician services.

Center Based Applied Behavioral Analysis

- ▶ Friendship House provides children, **ages 2-6**, will receive Applied Behavior Analysis therapy within a **full day, center-based** program. Applied Behavioral Analysis therapy is an **evidence-based** treatment that teaches a child to improve their communication and behavior skills by using techniques such as positive reinforcement, modeling, and discrete trial training.

Outpatient Mental Health Counseling

- ▶ Therapy for mental health disorders provided in an outpatient setting.

Mental Health Outpatient Clinics

- Community Services Group
- Crossroads Counseling
- Diakon Family Life Services

Mental Health Outpatient Practices

- Allay Mental Health and Wellness
- Chances and Changes
- Keystone Counseling and Evaluation Services
- A Place for Change
- Susquehanna Physician Services
- Therapeutic Behavioral Health Services
- Gillum Psychological and Counseling Services
- Hugh D. Smith, PhD and Associates, P.C.
- Family Practice Center, PC
- Manno Therapeutic Services

Mental Health Private Practices

- Aimee Senott, LCSW
- Raymond McGinnis, LCSW
- Rebecca Wright, LPC
- Christina Robidoux, LPC
- Tricia Steele, LCSW
- Edwin Finch, PhD
- *Townsend Velkoff, MS
- Pamela Wollet, LCSW
- Jamie Plociniski, LCSW
- Leslie Dvorshock, LSW

Targeted Case Management Services

- ▶ Providers:
 - ▶ Lycoming-Clinton County Joinder
 - ▶ Service Access and Management, Inc.
- ▶ Case Managers help in **obtaining** and **coordinating resources, services, and supports.**

School Based Mental Health Services



Community and School Based Behavioral Health (CSBBH)

CSBBH services are more flexible than IBHS given the fact that services are provided to the identified child only during specific times of clinical need. Services may include, but are not to be limited to, **individual, family and/or group therapies** provided to the child and/or family/caregivers; **behavior management; case management; assessment; crisis intervention; family support; and service referral.**

CSBBH Providers

Merckey:

- ▶ Renovo Elementary School
- ▶ Bucktail Middle/High School
- ▶ Robb Elementary

Friendship House:

- ▶ Cochran Elementary
- ▶ Steven Elementary
- ▶ Jackson Elementary
- ▶ Curtain Intermediate
- ▶ Lycoming Valley Intermediate

School Based Outpatient Therapy

- ▶ This program provides children in grades K-12 with **counseling services within the school setting.**

Crossroads Counseling School Based Outpatient Services:

School Name:
Bucktail High School

Central Mountain High School

Central Mountain Middle School

Liberty Curtain Elementary

Mill Hill Elementary

Renovo Elementary

Robb Elementary

Woodward Elementary

Community Services Group School Based Outpatient Services:

School Name:
Avis Elementary School

Central Elementary School

Jersey Shore Area Elementary School

Jersey Shore Area High School

Jersey Shore Area Middle School

Montgomery Area Schools

Rommelt Elementary School

Salladasburg Elementary School

South Williamsport Area Jr./Sr. High School

Dickon School Based Outpatient Services:

School Name:

Ashkar Elementary School

Cochran Elementary School

Curtin Intermediate School

C.E. McCall Middle School

Ferrell Elementary School

Hepburn-Lycorning Elementary School

Jackson Elementary School

Lyer Elementary School

Hughesville High School

Loydssock High School

Loydssock Middle School

Loydssock Valley Elementary School

Lycorning Valley Middle School

Montoursville Area High School

Muncy Junior/Senior High School

Ward L. Myers Elementary School

Schick Elementary School

Williamsport Area High School

Williamsport Area Middle School

School Based Intensive Outpatient

- ▶ Provider: Crossroads Counseling
- ▶ This program is offered to adolescent members who are students at Keystone Central Middle School and require more intensive treatment than can be provided in a traditional outpatient setting. Utilizing a trauma-focused approach, the program aims to prevent admission to more restrictive levels of care (MHIP, RTF, etc.), and to provide a step-down level of care for adolescents and children that are returning to school from out of home placements, PHP, and MHIP.

School Outreach Workers

East Lycoming School Districts: all school buildings	Denise Gorini
Jersey Shore Area School District: all school buildings	Margie Sauers
Keystone Central School District: Elementary Schools	Kim Freedo
Keystone Central School District: Central Mountain Middle and High Schools and Bucktail High School	Hildire Reese
Loyalsock Township School District: all buildings	Tim Smith
Montoursville School District and Montgomery School District: all school buildings	Vic Gorini
South Williamsport Area School District and Muncy School District: all school buildings	Dustin Gehr
Williamsport School District (Lycoming Valley, Hepburn Lycoming, Stevens, Cochran, Jackson and Curtin Schools): grades K-4th	April Taylor
Williamsport School District: grades 5th-8th	Sharon Nevill
Williamsport High School: grades 9-12	Chad Mix

Substance Use Services For Children



Assessment and Case Management

- ▶ Provider: West Branch Drug and Alcohol
- ▶ A substance use disorder assessment is service provided to individuals with a substance use disorder to identify the appropriate level of care. Case management services provide clients with a linkage to information or resources needed outside of treatment (i.e., housing, education, supports, etc.).

Outpatient Counseling for Substance Use

- ▶ Providers:
 - ▶ Crossroads Counseling
 - ▶ Genesis House
 - ▶ Diakon Family Life Services
- ▶ Treatment/therapy for substance use disorders provided in an outpatient setting.

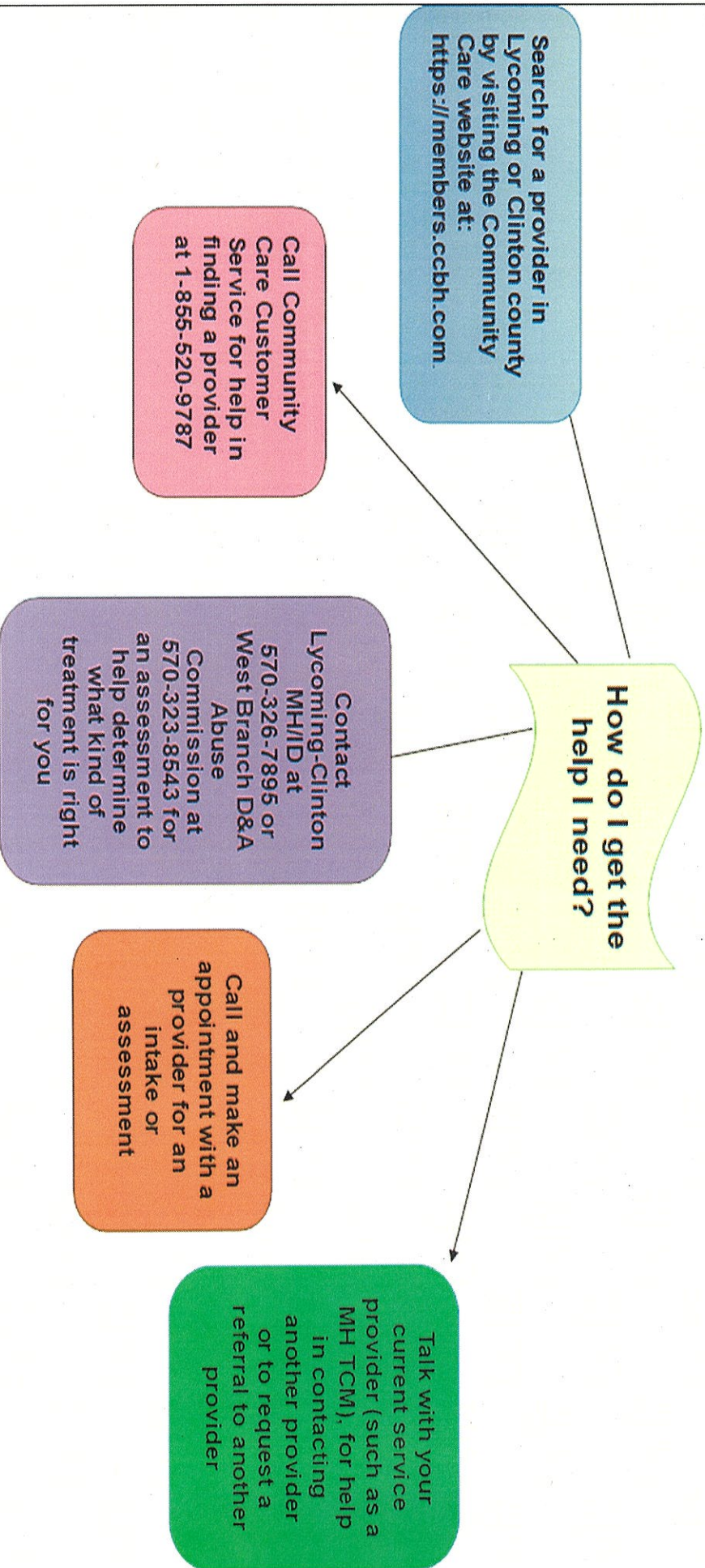
Community Based Drug and Alcohol (CBDA)

- ▶ Community based drug and alcohol counseling service for adolescents ages 10-18 with a person centered, family focused approach. Services can take place in the adolescent's home, community and school.
- ▶ Provider: Crossroads Counseling

Service Changes: COMING SOON!

- ▶ Addition of a Residential Short Term Treatment Facility
 - ▶ Location: Montoursville, PA
 - ▶ Ages served: 12-17
- ▶ New Crisis Provider
 - ▶ Center for Community Resources (CCR)

HealthChoices and Community Care contract with numerous qualified mental health and drug and alcohol treatment providers in Lycoming and Clinton counties, and there are several ways to access help and support:



If you have problems getting the services you need, contact Community Care Customer Services at 1-855-520-9787. Member Services staff is available 24 hours a day, 7 days a week, every day of the year.



What's Next?

- HC is slated to present next at the JB meeting in May and we plan to share information concerning Adult Substance Use Disorder Services
- We are always happy to get input from Joinder Board members and attendees as we are fully invested in the success of the HC program.

Contact Information/QUESTIONS?

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